

Side Hustle Starter Worksheet

A one-page plan to pick your side hustle and take the first real step, without adding more stress to your week.

1. Your Why

What's actually pulling you toward a side hustle right now? Be specific, it keeps you motivated on hard weeks.

2. Your Realistic Time and Energy

Check the days you actually have room, and be honest about your energy level after a shift.

Day	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Free time?	[]	[]	[]	[]	[]	[]	[]
Energy (H/M/L)	_____	_____	_____	_____	_____	_____	_____

3. Shortlist Your Top 3 Hustles

Pull these from the article's list. Rate how excited you feel about each, 1 (meh) to 5 (let's go).

Side Hustle	Pay Range	Time Needed / Week	Excitement (1-5)

4. Your First Step This Week

Small and specific beats big and vague. What's one action you'll take in the next 7 days?

This week, I will:

[] I've blocked time on my calendar for this by:
